

Los Angeles County Department of Parks and Recreation slowly reopened their parks and activities for the community after being shuttered for almost a year.

The summer months saw the return of the following popular programs for our youth and families:

- ❖ Free Grab & Go summer lunch and snack at Manzanita and Steinmetz Parks.
- ❖ Everybody Plays Summer adventures – arts & crafts, sports and games at Manzanita and Steinmetz Parks.
- ❖ Free Sports clinics at Steinmetz Park.
- ❖ Summer classes at Steinmetz Park and the Hacienda Heights Community Center.
- ❖ Los Robles Park Splash Pads
- ❖ Parks after Dard offering movie screenings and concerts at Steinmetz Park.

In conjunction with Los Angeles County Supervisor Janice Hahn, a Girls Empowerment Conference was held at the Hacienda Heights Community Center on October 9. The free conference designed to help build confidence and celebrate girls featured powerful speakers, interactive sessions and live music.

The La County Parks & Recreation Senior Programs provided a venue for our residents aged 60+ to be active, stay fit and meet neighbors through classes, clubs and field trips. Access to social services was also provided through this program.

The fall saw a Trick or Treat Village for the community that had a variety of food, entertainment and activities for everyone. As the county was emerging from another lock down this was a much needed event to get everyone out and greeting on another socially again. The reports indicated that a great time was had by all in attendance.

The holidays brought 2 events to Hacienda Heights. The first, on December 14, was held at the Hacienda Heights Community Center. There was food, arts & crafts, games & performances. The showcase event was an Ugly Sweater Contest that brought groans and laughs from everyone.

The second event was on December 17, held at Steinmetz Park. This event brought the arctic to Hacienda Heights, with a sled hill and snow play area. Attendees were treated to a visit from Santa with a filled stocking for every child, holiday crafts, a hot cocoa station and a food give away! Again a great time was had by all in attendance.

As we start the new year, hopefully the Los Angeles County Department of Parks and Recreation will be able to open up a bit more and present more events such as these.

LA COUNTY PARKS & RECREATION



SENIOR CENTERS, PROGRAMS AND ACTIVITIES



LA County Senior Centers, Programs and Activities are a great place for adults ages 60+ years to stay fit, be active and meet new people. Activities promote physical and mental well-being, socialization, nutrition, life-long learning and volunteer opportunities.

Examples of activities include cultural classes and events, group walks, special interest classes, clubs, field trips and inter-generational experiences. Resource, referral, case management, and social services are offered by other County Departments. Service providers are co-located such as health screenings, grief counseling, Alzheimer's education and caregiver support.

SENIOR PROGRAMS ARE GENEROUSLY SUPPORTED BY THE COUNTY OF LOS ANGELES BOARD OF SUPERVISORS:



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