

**STEINMETZ PARK & SENIOR CENTER**, 1545 S. Stimson Ave., Hacienda Heights (626-934-7041)

**Casino Trip:** October 2, 3, 4, 2018 to Laughlin NV. \$135.00 double room, \$175.00 single; Depart 8:00 a.m. and Return 5:30 p.m. Includes Transportation, 2 Breakfast Buffets, 1 Dinner Buffet and Luggage Handling.

**Good Time Travel Club;** Sunday, October 14, 2018, 11:30 a.m. – 7:30 p.m. “Beautiful the Carol King Musical”, at Segerstun Center in Costa Mesa. \$55.00 Members, \$65.00 Non-Members, Eat on your own in the Costa Mesa area.

Every Tuesday evening, at Steinmetz Park the **Sunshine Generation** sings, dances performs and has fun. Call 909-967-5271 to learn more about this, or SunshineGenerationLA.com.

**Aerobics Exercise, Come and Shape Up with Us!** They make easy to follow dance steps for a variety of good music. Every Tuesday & Thursday in the Steinmetz Multipurpose Room, from 8:00 am to 9:00 am. Questions please call 909-534-7434. \$5.00/class or \$25/4 weeks.

**HACIENDA HEIGHTS COMMUNITY CENTER**, 1234 Valencia Avenue, HH (626-333-3250)

**Dancerobics** is the pulse monitored, dance exercise way to fitness and good health. Marilyn Grant is the originator of Dancerobics, a system of choreographed dance, exercise to music. Marilyn will be the instructor at the Community Center to direct the 2018 Fall Session – September 24 to December 13 (12 weeks) 24 lessons for \$78.00. The classes at the Center will be Tuesdays & Thursdays from 4:30 to 5:30 pm. For further info call Marilyn at (909)594-4890.

**Family Paint Night** – October 19, to find out how you can participate, call (626) 333-3250.

Check out the many other Programs & special events being offered at our Community Center.

**SCHABARUM REGIONAL PARK** 17250 E. Colima Rd., Rowland Heights, (626)854-5560

**Pet Adoption Event 2018** – Saturday, September 8<sup>th</sup>, from 9 am – 4 pm. There will be multiple rescue organizations dozens of animals up for adoption ( horses, dogs & cats) and a variety of pet care services available.

While at the park, be sure to check out all the material that is available for you to use as educational materials and to learn more about what is around your community that you have not known.